

500 + 1500 + 3000m - 1-7-2024, 10-3-2025, Category: DPF, DPE, DPD, DPC, DPB, DPA, DC1, DC2, DB1, DB2, DA1, DA2, DN1, DN2, DN3, DN4, DSA, DSB, D40, D45, D50, D55, D60, D65, D70, D75, D80, D85, D90, HPF, HPE, HPD, HPC, HPB, HPA, HC1, HC2, HB1, HB2, HA1, HA2, HN1, HN2, HN3, HN4, HSA, HSB, H40, H45, H50, H55, H60, H65, H70, H75, H80, H85, H90, District: ZHL, Venue: DNH

Pos	Naam	Cat	Vereniging	500	1500	3000	Punten	
1	Tygo Kompier	10166296	HA2	YV KDK	37.95	1:59.87	4:23.14	121,762
2	Taeke Jongbloed	10209865	HB2	HVHW	39.81	1:59.48	4:16.06	122,312
3	Nick Barendse	10183254	HB2	IJZ	39.10	2:01.66	4:28.56	124,413
4	Quinten de Jong	10228527	HB2	STC RIJNSTR	38.71	2:01.92	4:33.11	124,868
5	Jules van Winden	10219852	HA1	YV PIJNACKER	39.17	2:02.58	4:32.54	125,453
6	Matthijs de Haan	10203889	HB1	HVHW	38.16	2:02.91	4:38.43	125,535
7	Dion van Hal	10194538	HA2	DVIJC	41.52	2:05.05	4:24.53	127,291
8	Bjarne den Besten	10224977	HC1	YV PIJNACKER	40.09	2:06.27	4:31.20	127,380
9	Berto Anker	10211626	HN1	STV LEKSTREEK	41.15	2:05.49	4:32.27	128,358
10	Hidde Bart	10160985	HSA	DKIJV	39.61	2:05.83	4:42.63	128,658
11	Sven Pera	10185170	HN1	YV PIJNACKER	41.82	2:09.09	4:29.98	129,846
12	Joppe Kleiweg	10163949	HSA	DKIJV	41.23	2:09.95	4:32.62	129,982
13	Alexander Doornekamp	10159075	HSA	STC RIJNSTR	41.98	2:09.52	4:29.46	130,063
14	Wouter van der Geer	10159400	HSA	TG BOLLENSTREEK	40.73	2:08.37	4:40.55	130,278
15	Freek Bennis	10163417	HN4	YC STOMPWIJK	41.49	2:09.76	4:37.46	130,986
16	Guus Gelderblom	10185568	HN1	SV ROTTERDAM	42.17	2:11.42	4:34.33	131,697
17	Thomas van Herk	10163635	HN4	STV LEKSTREEK	41.02	2:12.19	4:42.58	132,179
18	Joey van den Berg	10213929	HA1	IJZ	40.63	2:13.25	4:43.64	132,319
19	Peter de Bruin	10210969	HC2	STV LEKSTREEK	43.44	2:10.76	4:32.57	132,454
20	Mees Blaauw	10184992	HB1	STC RIJNSTR	42.80	2:11.12	4:36.20	132,539
21	Teije Hekkema	10217749	HB1	STC RIJNSTR	41.53	2:11.71	4:46.46	133,176
22	Thijs Langeveld	10166739	HSA	DKIJV	42.36	2:11.98	4:42.15	133,378
23	Remco Boere	10164717	HSA	STV LEKSTREEK	42.37	2:11.64	4:42.92	133,403
24	Kyenno Fredrikze	10187665	HA1	TG BOLLENSTREEK	42.10	2:12.66	4:46.94	134,143
25	Arjan Bakker	10156759	H65	STV LEKSTREEK	44.14	2:13.21	4:35.34	134,433
26	Bram van der Hoeven	10201937	HB2	YV PIJNACKER	42.36	2:13.65	4:49.57	135,171
27	Mark Veenstra	10158956	HSB	DKIJV	45.17	2:12.17	4:37.61	135,494
28	Boaz de Gast	10220310	HB1	IJVL	41.74	2:13.40	4:56.96	135,699
29	Joep van Leeuwen	10212207	HB1	YC ZOETERWOUDE	42.53	2:14.32	4:51.66	135,913
30	Bart Groot	10165822	H55	SV ROTTERDAM	45.11	2:15.03	4:44.07	137,465
31	Tom Hoogenboom	10164801	HSA	SV ROTTERDAM	43.17	2:16.66	4:53.47	137,634
32	Amber Koetsier	10201947	DB2	GOUWE STREEK	44.29	2:16.64	4:47.30	137,719
33	Giel Hermans	10179030	H60	DVIJC	44.41	2:15.15	4:51.71	138,078
34	Scarlett de Bruijn	10212161	DB1	HVHW	43.12	2:17.41	5:02.52	139,343
35	Olivier Wennekes	10219860	HC2	YV PIJNACKER	43.40	2:18.48	4:58.72	139,346
36	Hilde Houtzager	10165706	DN3	YC OTWEG	44.19	2:19.78	4:52.30	139,499
37	Roland ten Klooster	10156659	H60	DKIJV	43.31	2:17.20	5:04.98	139,873
38	Martijn van der Horst	10220070	H50	HVHW	44.13	2:16.14	5:02.67	139,955
39	Julian Broos	10202933	HB2	HVHW	43.37	2:20.37	4:59.38	140,056
40	Isa Oudenes	10215338	DB2	STV LEKSTREEK	43.61	2:18.58	5:01.90	140,119
41	Isabelle Hersbach	10157587	DSA	HVHW	43.30	2:19.40	5:05.18	140,629
42	Meerle van den Berg	10157662	DN4	DVIJC	46.53	2:19.82	4:50.68	141,582
43	Indy Kromokario	10183352	HA2	IJZ	41.13	2:15.48	5:33.11	141,808

44	Lenthe Jansen	10209842	DA1	HVHW	45.47	2:24.40	4:55.91	142,921
45	Thijs Heezen	10162746	HN4	SIL	45.35	2:21.16	5:07.24	143,609
46	Mariska van Zon	10159945	DSA	DKIJV	46.66	2:26.67	4:52.57	144,311
47	Tiemen Haaring	10194537	HA2	DVIJC	43.81	2:21.20	5:20.87	144,354
48	Anne Spruijt	10216589	DB2	YC STOMPWIJK	45.52	2:23.31	5:06.65	144,398
49	Lara Castro Nortier	10220300	DB1	STC RIJNSTR	45.55	2:23.18	5:07.04	144,449
50	Nouschka Steenks	10219680	DC2	DKIJV	46.76	2:24.29	5:02.22	145,226
51	Augustine Kaper	10279557	DC1	HVHW	44.45	2:22.95	5:20.79	145,565
52	Maaïke Helleman	10217862	DC2	HVHW	47.24	2:23.91	5:02.81	145,678
53	Lisanne Vreugdenhil	10194302	DB1	SIL	46.29	2:23.00	5:15.53	146,544
54	Bo Hoogvorst	10186124	DB1	STC RIJNSTR	46.77	2:24.43	5:14.85	147,388
55	Richard Heikoop	10156664	H55	DKIJV	48.42	2:24.26	5:06.90	147,656
56	Maren de Bruin	10223672	DC1	STV LEKSTREEK	47.37	2:25.98	5:11.45	147,938
57	Feline Solleveld	10218094	DB1	HVHW	47.06	2:25.66	5:17.05	148,454
58	Jolijn Solleveld	10218095	DC1	HVHW	47.15	2:26.57	5:16.91	148,824
59	Lotte Janssen	10236374	DC1	DKIJV	47.53	2:28.45	5:13.21	149,214
60	Robin Verboom	10282364	HC1	HVHW	46.46	2:29.89	5:17.06	149,266
61	Ilse Veuger	10230416	DB1	RYC	47.08	2:28.69	5:19.80	149,943
62	Lieke van Ooij	10185062	DA1	STC RIJNSTR	47.00	2:30.63	5:16.60	149,976
63	Peter van den Bos	10157591	H40	HVHW	48.12	2:28.09	5:20.41	150,884
64	Cato Slegtenhorst	10194254	DC2	SIL	48.62	2:30.97	5:16.80	151,743
65	Ferd Veelenturf	10156783	H65	STV LEKSTREEK	48.27	2:31.00	5:18.89	151,751
66	Mare Damsma	10226272	DC2	IJYZ	46.95	2:30.40	5:29.34	151,973
67	Sanne Kool	10234089	DC1	HVHW	48.50	2:30.64	5:20.81	152,181
68	Zino Van Os	10220782	HC2	SIL	46.65	2:31.47	5:30.31	152,191
69	Frank Steenkamp	10157183	H70	IJVL	50.34	2:30.72	5:11.20	152,446
70	Jan Floor	10209963	H45	SV ROTTERDAM	48.84	2:31.64	5:22.41	153,121
71	Francis de Bruijn	10212162	DC1	HVHW	48.28	2:34.61	5:23.72	153,769
72	Lex van Tol	10178918	H65	IJYZ	49.36	2:32.44	5:27.02	154,676
73	Tippi Verbree	10210689	DC2	DKIJV	48.98	2:33.85	5:28.86	155,073
74	Famke Hogenboom	10197004	DN1	YV KDK	48.18	2:34.64	5:33.75	155,351
75	Anne-Lotte Köhler	10225603	DB1	DKIJV	48.28	2:34.91	5:41.55	156,841
76	Kian Van Nierop	10220779	HC2	SIL	46.74	2:34.95	5:50.97	156,885
77	Rinske Hogenboom	10212263	DC2	YV KDK	49.60	2:38.23	5:40.70	159,126
78	Inge Rotteveel	10237207	DSA	YC STOMPWIJK	51.34	2:35.52	5:43.19	160,378
79	Lisa de Koster	10231978	DB1	DVIJC	48.36	2:38.64	5:56.28	160,620
80	Leo Schoenmeijer	10156617	H75	HVHW	52.76	2:38.93	5:29.32	160,622
81	Lindsey Eijgermans	10202958	DB1	HVHW	49.70	2:41.93	5:42.66	160,786
82	Renske Ansink	10206380	DC2	IJVL	49.56	2:36.91	5:53.69	160,811
83	Rutger van Gerven	10233480	HB1	SIL	47.83	2:38.76	6:01.58	161,013
84	Menco van den Berg	10212339	H55	DVIJC	52.63	2:39.06	5:32.77	161,111
85	Danique Verhoeve	10185098	DB1	YC ZOETERWOUDE	50.81	2:39.50	5:43.26	161,186
86	Noa van Leeuwen	10223116	DC2	DKIJV	51.09	2:42.15	5:49.98	163,470
87	Noortje de Nie	10194550	DC2	DVIJC	52.28	2:42.18	5:44.77	163,801
88	Mirthe Wijnakker	10222543	DB1	HVHW	51.23	2:44.85	5:51.24	164,720
89	Edwin van Leeuwen	10228689	H40	DKIJV	54.27	2:43.39	5:36.42	164,803
90	Annika Kaper	10287645	DB2	HVHW	50.96	2:43.16	6:01.06	165,522
91	Clover van Zeijl	10225610	DB1	HVHW	50.95	2:45.30	6:14.17	168,411
92	Annewil Stelloo	10228688	D40	DKIJV	55.06	2:51.31	6:02.26	172,539
93	Margot van Schie	10221514	DC2	STC RIJNSTR	54.01	2:52.23	6:08.48	172,833
94	Lieke van der Meer	10203968	DN1	YC ZOETERWOUDE	59.96	2:47.58	5:45.97	173,481

95 Nico Woldendorp	10156676	H80	IJZ	57.41	2:55.05	6:08.94	177,250
96 Lutske Lindeman	10182029	D50	DKIJV	59.96	2:59.68	5:56.32	179,239