

500 + 1500 + 3000m - 1-7-2024, 17-2-2025, Category: DPF, DPE, DPD, DPC, DPB, DPA, DC1, DC2, DB1, DB2, DA1, DA2, DN1, DN2, DN3, DN4, DSA, DSB, D40, D45, D50, D55, D60, D65, D70, D75, D80, D85, D90, HPF, HPE, HPD, HPC, HPB, HPA, HC1, HC2, HB1, HB2, HA1, HA2, HN1, HN2, HN3, HN4, HSA, HSB, H40, H45, H50, H55, H60, H65, H70, H75, H80, H85, H90, District: ZHL, Venue: DNH

Pos	Naam	Cat	Vereniging	500	1500	3000	Punten	
1	Tygo Kompier	10166296	HA2	YV KDK	37.95	1:59.87	4:23.14	121,762
2	Taeke Jongbloed	10209865	HB2	HVHW	39.81	1:59.48	4:16.06	122,312
3	Nick Barendse	10183254	HB2	IJZ	39.10	2:01.66	4:28.56	124,413
4	Quinten de Jong	10228527	HB2	STC RIJNSTR	38.71	2:01.92	4:33.11	124,868
5	Jules van Winden	10219852	HA1	YV PIJNACKER	39.17	2:02.58	4:32.54	125,453
6	Matthijs de Haan	10203889	HB1	HVHW	38.16	2:02.91	4:38.43	125,535
7	Dion van Hal	10194538	HA2	DVIJC	41.52	2:05.05	4:24.53	127,291
8	Bjarne den Besten	10224977	HC1	YV PIJNACKER	40.62	2:06.27	4:31.20	127,910
9	Berto Anker	10211626	HN1	STV LEKSTREEK	41.22	2:05.49	4:32.27	128,428
10	Hidde Bart	10160985	HSA	DKIJV	39.61	2:05.83	4:42.63	128,658
11	Joppe Kleiweg	10163949	HSA	DKIJV	41.23	2:09.95	4:32.62	129,982
12	Alexander Doornekamp	10159075	HSA	STC RIJNSTR	41.98	2:09.52	4:29.46	130,063
13	Wouter van der Geer	10159400	HSA	TG BOLLENSTREEK	40.73	2:08.37	4:40.55	130,278
14	Freek Bennis	10163417	HN4	YC STOMPWIJK	41.49	2:09.76	4:37.46	130,986
15	Guus Gelderblom	10185568	HN1	SV ROTTERDAM	42.17	2:11.42	4:34.33	131,697
16	Thomas van Herk	10163635	HN4	STV LEKSTREEK	41.02	2:12.19	4:42.58	132,179
17	Peter de Bruin	10210969	HC2	STV LEKSTREEK	43.44	2:10.76	4:32.57	132,454
18	Mees Blaauw	10184992	HB1	STC RIJNSTR	42.80	2:11.12	4:36.20	132,539
19	Joey van den Berg	10213929	HA1	IJZ	41.45	2:13.25	4:43.64	133,139
20	Teije Hekkema	10217749	HB1	STC RIJNSTR	41.53	2:11.71	4:46.46	133,176
21	Thijs Langeveld	10166739	HSA	DKIJV	42.36	2:11.98	4:42.15	133,378
22	Remco Boere	10164717	HSA	STV LEKSTREEK	42.37	2:11.64	4:42.92	133,403
23	Kyenno Fredrikze	10187665	HA1	TG BOLLENSTREEK	42.10	2:12.66	4:46.94	134,143
24	Arjan Bakker	10156759	H65	STV LEKSTREEK	44.14	2:13.21	4:35.34	134,433
25	Bram van der Hoeven	10201937	HB2	YV PIJNACKER	42.36	2:13.65	4:49.57	135,171
26	Mark Veenstra	10158956	HSB	DKIJV	45.17	2:12.17	4:37.61	135,494
27	Boaz de Gast	10220310	HB1	IJVL	41.74	2:13.40	4:56.96	135,699
28	Joep van Leeuwen	10212207	HB1	YC ZOETERWOUDE	42.53	2:14.32	4:51.66	135,913
29	Bart Groot	10165822	H55	SV ROTTERDAM	45.11	2:15.03	4:44.07	137,465
30	Tom Hoogenboom	10164801	HSA	SV ROTTERDAM	43.17	2:16.66	4:53.47	137,634
31	Amber Koetsier	10201947	DB2	GOUWE STREEK	44.29	2:16.64	4:47.30	137,719
32	Giel Hermans	10179030	H60	DVIJC	44.41	2:15.15	4:51.71	138,078
33	Scarlett de Bruijn	10212161	DB1	HVHW	43.12	2:17.41	5:02.52	139,343
34	Olivier Wennekes	10219860	HC2	YV PIJNACKER	43.40	2:18.48	4:58.72	139,346
35	Roland ten Klooster	10156659	H60	DKIJV	43.31	2:17.20	5:04.98	139,873
36	Martijn van der Horst	10220070	H50	HVHW	44.13	2:16.14	5:02.67	139,955
37	Julian Broos	10202933	HB2	HVHW	43.39	2:20.37	4:59.38	140,076
38	Isa Oudenes	10215338	DB2	STV LEKSTREEK	43.61	2:18.58	5:01.90	140,119
39	Hilde Houtzager	10165706	DN3	YC OTWEG	44.65	2:20.61	4:52.30	140,236
40	Isabelle Hersbach	10157587	DSA	HVHW	43.30	2:19.40	5:05.18	140,629
41	Meerle van den Berg	10157662	DN4	DVIJC	46.53	2:19.82	4:50.68	141,582
42	Indy Kromokario	10183352	HA2	IJZ	41.13	2:15.48	5:33.11	141,808
43	Lenthe Jansen	10209842	DA1	HVHW	45.47	2:24.40	4:55.91	142,921

44	Thijs Heezen	10162746	HN4	SIL	45.35	2:21.16	5:07.24	143,609
45	Mariska van Zon	10159945	DSA	DKIJV	46.66	2:26.67	4:52.57	144,311
46	Tiemen Haaring	10194537	HA2	DVIJC	43.81	2:21.20	5:20.87	144,354
47	Anne Spruijt	10216589	DB2	YC STOMPWIJK	45.52	2:23.31	5:06.65	144,398
48	Lara Castro Nortier	10220300	DB1	STC RIJNSTR	45.55	2:23.18	5:07.04	144,449
49	Nouschka Steenks	10219680	DC2	DKIJV	46.76	2:24.29	5:02.22	145,226
50	Maaïke Helleman	10217862	DC2	HVHW	47.24	2:23.91	5:02.81	145,678
51	Augustine Kaper	10279557	DC1	HVHW	45.11	2:22.95	5:20.79	146,225
52	Lisanne Vreugdenhil	10194302	DB1	SIL	46.29	2:23.00	5:15.53	146,544
53	Bo Hoogvorst	10186124	DB1	STC RIJNSTR	46.77	2:24.43	5:14.85	147,388
54	Richard Heikoop	10156664	H55	DKIJV	48.42	2:24.26	5:06.90	147,656
55	Maren de Bruin	10223672	DC1	STV LEKSTREEK	47.37	2:25.98	5:11.45	147,938
56	Feline Solleveld	10218094	DB1	HVHW	47.20	2:25.66	5:17.05	148,594
57	Lotte Janssen	10236374	DC1	DKIJV	47.53	2:28.45	5:13.21	149,214
58	Jolijn Solleveld	10218095	DC1	HVHW	47.74	2:26.57	5:16.91	149,414
59	Ilse Veuger	10230416	DB1	RYC	47.08	2:28.69	5:19.80	149,943
60	Lieke van Ooij	10185062	DA1	STC RIJNSTR	47.00	2:30.63	5:16.60	149,976
61	Robin Verboom	10282364	HC1	HVHW	47.41	2:29.89	5:17.06	150,216
62	Peter van den Bos	10157591	H40	HVHW	48.12	2:28.09	5:20.41	150,884
63	Ferd Veelenturf	10156783	H65	STV LEKSTREEK	48.27	2:31.00	5:18.89	151,751
64	Mare Damsma	10226272	DC2	IJYZ	46.95	2:30.40	5:29.34	151,973
65	Sanne Kool	10234089	DC1	HVHW	48.50	2:30.64	5:20.81	152,181
66	Frank Steenkamp	10157183	H70	IJVL	50.34	2:30.72	5:11.20	152,446
67	Cato Slegtenhorst	10194254	DC2	SIL	49.37	2:30.97	5:16.80	152,493
68	Jan Floor	10209963	H45	SV ROTTERDAM	48.84	2:31.64	5:22.41	153,121
69	Zino Van Os	10220782	HC2	SIL	47.91	2:31.47	5:30.31	153,451
70	Francis de Bruijn	10212162	DC1	HVHW	48.28	2:34.61	5:23.72	153,769
71	Lex van Tol	10178918	H65	IJYZ	49.36	2:32.44	5:27.02	154,676
72	Tippi Verbree	10210689	DC2	DKIJV	48.98	2:33.85	5:28.86	155,073
73	Famke Hogenboom	10197004	DN1	YV KDK	48.18	2:34.64	5:33.75	155,351
74	Anne-Lotte Köhler	10225603	DB1	DKIJV	48.31	2:34.91	5:41.55	156,871
75	Kian Van Nierop	10220779	HC2	SIL	47.54	2:34.95	5:50.97	157,685
76	Rinske Hogenboom	10212263	DC2	YV KDK	49.60	2:38.23	5:40.70	159,126
77	Lisa de Koster	10231978	DB1	DVIJC	48.36	2:38.64	5:56.28	160,620
78	Leo Schoenmeijer	10156617	H75	HVHW	52.76	2:38.93	5:29.32	160,622
79	Lindsey Eijgermans	10202958	DB1	HVHW	49.70	2:41.93	5:42.66	160,786
80	Renske Ansink	10206380	DC2	IJVL	49.56	2:36.91	5:53.69	160,811
81	Inge Rotteveel	10237207	DSA	YC STOMPWIJK	51.91	2:35.52	5:43.19	160,948
82	Rutger van Gerven	10233480	HB1	SIL	47.83	2:38.76	6:01.58	161,013
83	Menco van den Berg	10212339	H55	DVIJC	52.63	2:39.06	5:32.77	161,111
84	Danique Verhoeve	10185098	DB1	YC ZOETERWOUDE	50.81	2:39.50	5:43.26	161,186
85	Noa van Leeuwen	10223116	DC2	DKIJV	51.09	2:42.15	5:49.98	163,470
86	Noortje de Nie	10194550	DC2	DVIJC	52.28	2:42.18	5:44.77	163,801
87	Mirthe Wijnakker	10222543	DB1	HVHW	51.31	2:44.85	5:51.24	164,800
88	Edwin van Leeuwen	10228689	H40	DKIJV	54.27	2:43.39	5:36.42	164,803
89	Annika Kaper	10287645	DB2	HVHW	50.96	2:43.16	6:01.06	165,522
90	Clover van Zeijl	10225610	DB1	HVHW	51.82	2:45.30	6:14.17	169,281
91	Margot van Schie	10221514	DC2	STC RIJNSTR	54.01	2:52.23	6:08.48	172,833
92	Annewil Stelloo	10228688	D40	DKIJV	55.38	2:51.31	6:02.26	172,859
93	Lieke van der Meer	10203968	DN1	YC ZOETERWOUDE	59.96	2:47.58	5:45.97	173,481
94	Nico Woldendorp	10156676	H80	IJYZ	57.41	2:55.05	6:08.94	177,250

95 Lutske Lindeman

10182029

D50

DKIJV

59.96

2:59.68

5:56.32

179,239