

500 + 1500 + 3000m - 1-7-2024, 16-12-2024, Category: DPF, DPE, DPD, DPC, DPB, DPA, DC1, DC2, DB1, DB2, DA1, DA2, DN1, DN2, DN3, DN4, DSA, DSB, D40, D45, D50, D55, D60, D65, D70, D75, D80, D85, D90, HPF, HPE, HPD, HPC, HPB, HPA, HC1, HC2, HB1, HB2, HA1, HA2, HN1, HN2, HN3, HN4, HSA, HSB, H40, H45, H50, H55, H60, H65, H70, H75, H80, H85, H90, District: ZHL, Venue: DNH

Pos	Naam	Cat	Vereniging	500	1500	3000	Punten	
1	Berto Anker	10211626	HN1	STV LEKSTREEK	41.22	2:05.49	4:32.27	128,428
2	Hidde Bart	10160985	HSA	DKIJV	39.91	2:05.83	4:42.63	128,958
3	Jules van Winden	10219852	HA1	YV PIJNACKER	40.75	2:10.29	4:32.54	129,603
4	Wouter van der Geer	10159400	HSA	TG BOLLENSTREEK	40.73	2:08.37	4:40.55	130,278
5	Joppe Kleiweg	10163949	HSA	DKIJV	41.57	2:10.88	4:32.62	130,632
6	Freek Bennis	10163417	HN4	YC STOMPWIJK	41.49	2:09.76	4:37.46	130,986
7	Guus Gelderblom	10185568	HN1	SV ROTTERDAM	42.17	2:11.42	4:34.33	131,697
8	Alexander Doornekamp	10159075	HSA	STC RIJNSTR	41.99	2:11.48	4:38.64	132,256
9	Thomas van Herk	10163635	HN4	STV LEKSTREEK	41.02	2:12.19	4:47.64	133,023
10	Thijs Langeveld	10166739	HSA	DKIJV	42.36	2:11.98	4:42.15	133,378
11	Remco Boere	10164717	HSA	STV LEKSTREEK	42.62	2:11.64	4:42.92	133,653
12	Bram van der Hoeven	10201937	HB2	YV PIJNACKER	42.36	2:13.65	4:49.57	135,171
13	Joey van den Berg	10213929	HA1	IJYZ	42.12	2:17.89	4:43.64	135,356
14	Mark Veenstra	10158956	HSB	DKIJV	45.17	2:13.13	4:39.20	136,079
15	Teije Hekkema	10217749	HB1	STC RIJNSTR	42.23	2:13.92	4:58.34	136,593
16	Boaz de Gast	10220310	HB1	IJVL	42.71	2:13.40	4:56.96	136,669
17	Giel Hermans	10179030	H60	DVIJC	44.41	2:15.15	4:51.71	138,078
18	Joep van Leeuwen	10212207	HB1	YC ZOETERWOUDE	43.23	2:17.30	4:56.12	138,349
19	Tom Hoogenboom	10164801	HSA	SV ROTTERDAM	44.48	2:16.66	4:53.47	138,944
20	Bart Groot	10165822	H55	SV ROTTERDAM	45.54	2:15.03	4:52.03	139,221
21	Roland ten Klooster	10156659	H60	DKIJV	43.31	2:17.20	5:04.98	139,873
22	Martijn van der Horst	10220070	H50	HVHW	44.13	2:16.14	5:02.67	139,955
23	Isabelle Hersbach	10157587	DSA	HVHW	43.30	2:19.40	5:05.18	140,629
24	Hilde Houtzager	10165706	DN3	YC OTWEG	45.13	2:22.66	4:52.30	141,399
25	Julian Broos	10202933	HB2	HVHW	44.25	2:26.31	4:59.38	142,916
26	Indy Kromokario	10183352	HA2	IJYZ	41.78	2:18.56	5:33.11	143,484
27	Thijs Heezen	10162746	HN4	SIL	45.35	2:21.16	5:07.24	143,609
28	Tiemen Haaring	10194537	HA2	DVIJC	43.81	2:21.20	5:20.87	144,354
29	Meerle van den Berg	10157662	DN4	DVIJC	47.23	2:23.75	5:03.13	145,667
30	Mariska van Zon	10159945	DSA	DKIJV	47.81	2:27.18	5:06.97	148,031
31	Feline Solleveld	10218094	DB1	HVHW	47.20	2:25.66	5:17.05	148,594
32	Richard Heikoop	10156664	H55	DKIJV	49.39	2:24.26	5:07.08	148,656
33	Bo Hoogvorst	10186124	DB1	STC RIJNSTR	46.77	2:27.48	5:25.91	150,248
34	Ilse Veuger	10230416	DB1	RYC	47.08	2:30.83	5:19.80	150,656
35	Peter van den Bos	10157591	H40	HVHW	48.12	2:28.09	5:20.41	150,884
36	Frank Steenkamp	10157183	H70	IJVL	50.34	2:30.72	5:11.20	152,446
37	Ferd Veelenturf	10156783	H65	STV LEKSTREEK	48.27	2:31.00	5:31.72	153,889
38	Lex van Tol	10178918	H65	IJYZ	49.52	2:32.44	5:27.02	154,836
39	Famke Hogenboom	10197004	DN1	YV KDK	48.18	2:34.64	5:33.75	155,351
40	Anne-Lotte Köhler	10225603	DB1	DKIJV	48.31	2:34.91	5:41.55	156,871
41	Jan Floor	10209963	H45	SV ROTTERDAM	51.06	2:35.53	5:39.12	159,423
42	Leo Schoenmeijer	10156617	H75	HVHW	52.76	2:38.93	5:29.32	160,622
43	Lindsey Eijgermans	10202958	DB1	HVHW	49.70	2:41.93	5:42.66	160,786

44 Menco van den Berg	10212339	H55	DVIJC	52.63	2:39.06	5:33.17	161,178
45 Danique Verhoeve	10185098	DB1	YC ZOETERWOUDE	50.81	2:39.50	5:43.26	161,186
46 Lisa de Koster	10231978	DB1	DVIJC	49.41	2:41.53	5:56.28	162,633
47 Mirthe Wijnakker	10222543	DB1	HVHW	51.31	2:44.85	5:51.24	164,800
48 Edwin van Leeuwen	10228689	H40	DKIJV	54.87	2:43.39	5:38.96	165,826
49 Clover van Zeijl	10225610	DB1	HVHW	51.82	2:45.30	6:14.17	169,281
50 Inge Rotteveel	10237207	DSA	YC STOMPWIJK	54.02	2:46.60	6:09.20	171,086
51 Annewil Stelloo	10228688	D40	DKIJV	55.63	2:51.31	6:02.26	173,109
52 Nico Woldendorp	10156676	H80	IJZ	57.46	2:55.05	6:08.94	177,300
53 Lutske Lindeman	10182029	D50	DKIJV	59.96	2:59.68	5:56.32	179,239
54 Lieke van der Meer	10203968	DN1	YC ZOETERWOUDE	1:08.12	2:47.58	5:45.97	181,641